

A QUICK GUIDE ON HOW TO USE YOUR DUORESP® SPIROMAX® (BUDESONIDE/FORMOTEROL) INHALER



OPEN THE COVER

First, hold the inhaler upright, with the cover at the bottom. Then, open the cover – you should hear a loud 'click'. When you open the cover, the mechanism inside the inhaler accurately measures one dose ready for you to inhale.

Breathe out

Now, you need to empty your lungs. Before you put the inhaler in your mouth, breathe out gently, as far as is comfortable for you – make sure you don't breathe out through your inhaler though.



INHALE THE DOSE

Place the mouthpiece gently between your teeth and close your lips around it ensuring a tight seal. Take care not to block the air vents with your lips or fingers. Now breathe in through your mouth as deeply and as hard as you can, then remove the inhaler from your mouth. A lactose taste lets you know the dose has been delivered.

Hold your breath

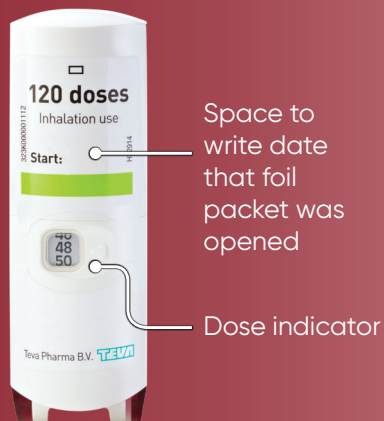
Hold your breath for 10 seconds, or as long as is comfortable, then breathe out gently. Remember, don't breathe out through your inhaler.



CLOSE THE COVER

When you've finished, close the cover. Afterwards, rinse your mouth with water and spit it out and/or brush your teeth.

ABOUT YOUR DUORESP SPIROMAX INHALER



When to order a repeat prescription for a new inhaler

The dose indicator on the back of your inhaler shows you approximately how many puffs you have left. When you've nearly run out, and have fewer than 20 puffs left, the numbers change to red.

For more information about DuoResp Spiromax, please refer to the patient leaflet inside the inhaler pack.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse.

This includes any possible side effects not listed in the package leaflet.

You can also report side effects directly via the Yellow Card Scheme at

www.mhra.gov.uk/yellowcard. By reporting side effects, you can help provide more information on the safety of this medicine. Adverse events may also be reported directly to Teva UK Limited at **www.tevauk.com**.